



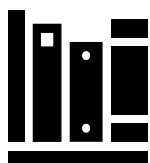
Primary Relationship, Sex and Health Education Policy

This policy has been developed through consultation with: SACRE, Redbridge Faith Forum, an Equality rep working party, A Faith and Belief rep working party, Youth council, Parent Rep Working parties, Redbridge RSHE outreach services, Community consultation, Governors and trustees and Teachers:



Roding Primary School community has co-constructed this with:

Person responsible for RSHE in school:	Sam Tabor
Co Headteachers:	Helen Radmore and Melissa Nwankiti
Chair of Governors:	Michael Teahan
Date ratified by Governors:	Autumn Term 2023
When the policy will be reviewed:	Autumn Term 2026



Borough wide consultation taken place concerning the implementation of the 2020 guidance in RSHE (

Pupils	Parents/ carers	Community groups	Faith groups	Local councilors	Teachers	Ofsted	School governors	LA	Professional Associations
	✓	✓	✓		✓		✓	✓	

School consultation taken place concerning the implementation of the 2020 guidance in RSHE

	Parents/Carers	Teachers	School governors
Date	2021 2022 2023	2021 2023	2021 2023
What we did	<p>Summer term 2021 Questionnaire sent to all Parents Meetings to share resources</p> <p>Feedback considered and fed into draft policy for FGB on 15th July 2021</p> <p>Open School consultation session with resources available 2022 and 2024</p>	<p>Information, Redbridge scheme of work and Kapow scheme of work shared and discussed during afternoon PDM session.</p> <p>Discussed further in phase meetings. Feedback considered and fed into draft policy for FGB on 15th July 2021.</p> <p>Policy revised Autumn 2023</p>	<p>Information shared and discussed during a Teaching and Learning Committee Meeting.</p> <p>Policy adjusted.</p> <p>New draft policy and information shared before Full Governing Body meeting. Final draft agreed 2021.</p> <p>Policy revised and shared with governors Autumn 2023</p>

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Aims and Objectives - RSHE

It is the intention of Roding Primary School to teach age appropriate, pupil sensitive, evidence based RSHE that respects the law and all communities that call Redbridge home.

At Roding Primary School it is our expectation that RSHE provides a learning space to understand Personal, Social and Health skills, knowledge and understanding, to enable children to navigate the world in which they live throughout childhood but also into adulthood; therefore, RSHE is such an important element of the curriculum.

Credit and thanks to the London borough of Newham and Tower Hamlets for access to their policy. Special thanks to Jo Sell, Claire Clinton and the Newham RSHE partnership for their support to Redbridge.

Statutory Content Primary – Relationship & Health Education

As of September 2020, it is the legal requirement of Primary Schools – both maintained and Academies to teach Relationships and Health Education, alongside the Science National Curriculum and within the context of safeguarding and maintaining a child centred approach in accordance with the ‘Keeping children safe in education document’ (DfE, Sept, 2020).

At Roding Primary School we acknowledge and recognise that families are a child’s first and most effective teacher, it is our aim to build on the established foundation of the Redbridge syllabus and consultation of working in partnership with parents/carers to educate our children about these important subjects.

Here at Roding Primary School we will ensure that an annual meeting is held to present our RSHE curriculum and create a space for questions to be raised hereafter. The Government guidance is due to be reviewed every 3 years.

National Curriculum Science

The Key stage 1 and Key stage 2 NC states that children’s learning should include teachings about the main external body parts, the growth and development of humans from birth to old age, including the changes experienced during puberty, asexual and sexual reproduction in plants and mammals, the importance of exercise and the impacts associated with diet, drugs and lifestyle on the function of the body.

Click [here](#) to view the full science National Curriculum content.

There continues to be no right to withdraw from the Science National Curriculum.

Health Education

The aim of Health Education is to provide information to children that will empower them to make their own choices about their physical and mental wellbeing and health. Children will recognise what is usual and what is not, in themselves and others and be equipped to seek support at the earliest opportunity from appropriate sources.

Puberty, including menstruation, will be covered in Health Education and should, as far as possible, be addressed before children begin puberty. At Roding Primary School we have not followed the recommendation of the Redbridge syllabus to teach about the menstrual cycle within Year 4, but will continue to teach this in Year 5. This is in line with the statutory Science KS2 curriculum whereby topics such as the main external body parts, the human body as it grows from birth to old age (including puberty) and reproduction in plants and animals is taught in Upper KS2.

Click [here](#) for the DfE Guidance for teaching Relationships, Sex and Health Education for the full list of content.

Click [here](#) for the Redbridge Syllabus for RSHE

There is no right to withdraw from Health Education.

Relationships Education

The aim of Relationships Education is to provide information to children that will empower them to understand themselves and the world in which they live. The focus in Primary schools should be on teaching the fundamental building blocks and characteristics of positive relationships, with family members, other children and adults along with encouraging the development their own positive personal attributes such as a belief that they can achieve and persevere towards tasks and long-term rewards, honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice, as outlined in the guidance. It also aims to teach how to seek support and guidance from appropriate sources.

Lessons will be evidence based, age appropriate, based on the law and sensitive to the needs of all children.

Click [here](#) for the DfE Guidance for teaching Relationships, Sex and Health Education for the full list of content.

There is no right to withdraw from Relationships Education

Safeguarding

Safeguarding is an important aspect of all the lessons taught as part of RSHE in our school. Our safeguarding policy will be applied to and supported by all aspects of RSHE and any disclosures or issues arising as part of RSHE, will be dealt with in line with our safeguarding policy. The aim of including safeguarding within the syllabus enables consistent, age appropriate fact-based vocabulary to report any concerns of abuse including, physical, emotional, sexual and neglect.

Non - Statutory Sex Education

Parents/Carers continue to have the right to withdraw their children from non-statutory Sex Education e.g. “How a baby is born and conceived”; following a meeting/conversation with a member of the leadership team to share their concerns. This conversation/meeting should be documented by the school.

Sex Education that goes beyond National Curriculum Science

The Government and local advisors strongly recommend and Roding Primary School have decided, after consultation with parents/carers, to teach Sex Education beyond that taught within the Science curriculum. The school will be teaching about ‘how a baby is conceived and is born’ in Year 6 following on from the National Science Curriculum, which teaches about sexual reproduction in mammals in Year 5. Sex Education at Roding Primary School will be taught by trained staff in an age appropriate and sensitive way and we believe will help to ready children for their move to Secondary School.

Parent/Carer right to withdraw their children from non – statutory Sex Education

At Roding Primary School, if any parent/carer, after the parent meeting where the content of any relevant lessons and the rationale for these lessons is explained, wishes to withdraw their child from these lessons, the parent/carer would write to the head teacher expressing their views. The Head Teacher would then invite the parent/carer to meet with them to further discuss the situation. This meeting would be noted by the head teacher (notes would be shared with the parent in the form of a letter). The school would hope that the parent/carer would consent to their child joining their peers for the taught sessions (it is believed that the child will hear the content of the sessions informally from their peers, if they have not joined the taught sessions). However, if withdrawal is decided upon by the parent/carer, the child should still attend school and arrangements will be made for the child to spend time in another class with unrelated work to complete during this time.

Definitions

Relationship Education - Primary

Relationship Education is the teaching of Families (which can include single parent families, LGBT Parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures. There are many different types of families. Some families have a mother or a father, two mummies, two daddies, a mummy and a daddy, grandparents as parents or other combinations. In British law it says that people have a right to live in families of their own choosing. The most important thing is that we always make sure to respect the way that people choose to live their lives). People who care for me, Caring friendships, Respectful relationships, Online relationships and Being safe by the end of Primary school. This will include core safeguarding elements including children being able to report concerns or abuse using the vocabulary to do so, which incorporates the use of consistent scientific names for main external body parts including Penis, Vulva, and Buttock.

Sex Education – Primary

Sex Education in Primary is the teaching of sexual reproduction – how a baby is conceived and born. Which goes beyond the National Curriculum teaching of reproduction in mammals and plants.

Health Education – Primary

Health education is the teaching of Mental Wellbeing, Internet safety and harms, Physical health and fitness, Healthy eating, Drugs, alcohol and tobacco, Health and prevention, Basic first aid and changing adolescent body.

Equality

The school will comply with the relevant requirements of the Equality Act 2010 and the Public Sector Equalities Duty (2014): schools must not unlawfully discriminate against pupils or allow children to be bullied because of their age, sex, race, disability, religion or belief, gender reassignment, pregnancy or maternity, marriage or civil partnership, or sexual orientation (Protected Characteristics).

The delivery of the content of RSHE will be made accessible to all pupils, including those with SEND.

At Roding Primary School we celebrate difference and diversity. The bullying or discrimination of anyone for any reason is not acceptable. It is expected that our Relationships Education curriculum will lead to a stronger sense of community, mutual respect and give pupils a sense

of responsibility. This will help, to keep Roding Primary School a safe, inclusive and caring place for all, upholding the core values and ethos of the school.

Faith sensitivity

Some religious people/faiths will see some family structures as a preferred way of living. British Law says that people have a right to live with whoever they choose. The most important thing is that we always make sure to respect the way that people choose to live their lives. Teachers can acknowledge in RSHE lessons that some children/young people may have beliefs about the content to be taught, whilst noting that the purpose of the lesson is to give information. Children and young people will also be reminded of the ground rules and their right to pass on discussing anything that they do not want to. For some children and young people, it might be forbidden to discuss sex and the human body, which may be seen as a private matter.

Organisation of Teaching, Assessment & Review

It is our intention that RSHE sessions will meet our high standard of teaching and learning. Therefore, planning will be accessible to the RSHE lead Samantha Tabor to review, discuss and develop CPD opportunities where appropriate.

RSHE lessons will be included in whole school learning walks and outcomes of those learning walks, recorded.

At Roding Primary School teachers will identify prior learning by activities to ascertain knowledge and understanding from previous years. They will assess children's learning and progress through the outcomes of children's written work and verbal contributions to sessions. They will evidence this learning by using a range of assessment strategies to make a judgement of each child's attainment against the curriculum.

When will RSHE will be taught and by who?

RSHE will be taught across the year by the class teacher. In Year 6, non-statutory education will be taught in single gender groups.

We are aware that some sessions throughout different age groups and dependent on individual needs may suit being taught with amendments to teaching organisation i.e. in single gender groups or smaller groups. Children will be able to ask questions, responses should be evidence based, age appropriate, based on the law and sensitive to the needs of children.

Home and school partnership and communication and an understanding of the school's approach to safeguarding disclosures is important.

What training will staff be given?

Key staff members have attended Local Authority training and training will be provided annually for all staff. This training will detail Legal, Redbridge and Roding information and will explore the content of the KAPOW resource

Resources

To support the delivery of the Kapow Scheme of Work, our RSHE lead will work with year groups teams to choose educational resources and materials that are age appropriate and enhance the teaching of RSHE exercising their professional judgement and that are in line with our legal duty in relation to impartiality.

In the event of external agencies/tools/resources being used Roding Primary School will ensure the materials comply our RSHE policy, the Teaching Standards, the Equality Act 2010, the Human Rights Act 1998, the Education Act 1996 and align to the teaching requirements set out in the statutory guidance.

We will share some of these resources at our annual Parent/Carer RSHE meeting.

RSHE Lead

The name of the RSHE at Roding Primary School is Samantha Tabor

If you have any questions regarding this policy or RSHE please contact the RSHE Lead via the school office (admin@rodingprimary.co.uk)

Children will know about the role of the RSHE team and lead through

- Assemblies
- RSHE lessons
- School council meetings
- In class support, small group or 1:1 sessions with ELSAs, pastoral LSA, designated safeguarding team

Staff will know about the role of the RSHE team and lead through:

- Professional Development Meetings
- Identified teams and lead staff
- In class support, small group or 1:1 sessions with ELSAs, pastoral LSA, designated safeguarding team

